

Ride Beyond Diagnosis

Winter 2019

January 30 – February 6, 13, 20, 27 – March 6, 13, 27

Alumnae reunion and yoga on February 27

Special Equestrians of the Treasure Coast

1095 74th Avenue – Vero Beach, FL 32966

9:15 – 11:00 AM

Please be prompt

Ride Beyond Diagnosis is an 8-week program that draws upon elements of surrender and mastery to bring healing to the body, mind, and spirit.

It is provided free of charge to survivors. No experience required.

Suitable for all abilities. Pre-registration and medical forms are required. Please wear long pants and hardy shoes or boots, and bring a hat, water bottle, and a small snack for yourself or to share with others.

Apply sunscreen/insect repellent prior to class.

Come prepared to be amazed and to heal

Contact Fran Basso (772.231.0432 or mema406@yahoo.com) or
Rebecca Sawyer (772.539.0087) if you are interested in
participating or have questions.

 **Friends**
After Diagnosis
serving women with cancer