

# Ride Beyond Diagnosis

Fall 2020

**October 14, 21, 28 – November 4, 11, 18**

**December 2, 9**

*Session make-up date: December 16 (if needed)*

## Special Equestrians of the Treasure Coast

7065 37<sup>th</sup> Street – Vero Beach, FL 32966

**9:00 – 11:00 AM**

Please be prompt

Ride Beyond Diagnosis is an 8-week program that draws upon elements of surrender and mastery to bring healing to the body, mind, and spirit.

It is provided free of charge to survivors. No experience required.

Suitable for all abilities. Pre-registration and medical forms are required. Please wear long pants and hardy shoes or boots, and bring a hat, water bottle, and a small snack for yourself or to share with others.

Apply sunscreen/insect repellent prior to class.

*Come prepared to be amazed and to heal*

Contact Fran Basso (772.231.0432 or mema406@yahoo.com), Mary Nolan (484-802-7023), or Rebecca Sawyer (772.539.0087) if you are interested in participating or have questions.

  
**Friends**  
After Diagnosis  
serving women with cancer