

Ride Beyond Diagnosis

Fall 2023

October 4, 11, 18, 25 November 1, 8

Session make-up date: November 15th (if needed)

Special Equestrians of the Treasure Coast

7065 37th Street – Vero Beach, FL 32966

9:00 – 11:00 AM

Please be prompt for all class dates.

Ride Beyond Diagnosis is a 6-week program that draws upon elements of surrender and mastery to bring healing to the body, mind, and spirit. It is provided free of charge to survivors. No experience required. Suitable for all abilities.

Pre-registration and medical forms are required.

Please wear long pants and hardy shoes or boots, and bring a hat, water bottle, and a small snack for yourself or to share with others. Apply sunscreen/insect repellent prior to class.

Come prepared to be amazed and to heal.

For more information, please contact:

Friendship House at 772.770.9700 or wellness@FriendsAfterDiagnosis.com

Final registration date is September 11th, 2023

**Friends**
After Diagnosis
serving women with cancer

*Please be advised that there are some weight restrictions due to the age of the horses.

Additional info provided on registration forms.